

Tuckahoe Torch



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A winning pattern for the New Year

Some anonymous wise person penned the following directions for living, without bringing pain to others or oneself:

“You will never be sorry – for thinking before acting, for hearing before judging, for forgiving your enemies, for being candid and frank, for helping a fallen brother, for being honest in business, for thinking before speaking, for being loyal to God and the church, for standing by your principles, for refusing to participate in gossip, for holding your words when tempted to demean another, for not entertaining impure or hateful thoughts, for sympathizing with the afflicted, for being courteous and kind to all.”

Using the above, we can make our own **BUCKET LIST** for the year 2012.

Diaconate Reorganization

On behalf of the diaconate, I want to share some changes that we’re making in regard to the way we conduct our care ministry. In early 2012, we will be reorganizing our care/share groups according to geographic regions. Your care/share group will consist of neighbors and those who live nearby. We are leading this change in large part due to the work that came out of our mission process: purpose, values, and priorities, particularly our stated priority of *building relationships*. Our hope is that care/share groups will benefit from having close proximity to each other and that this closeness will facilitate better communication and more interpersonal contact among members and deacons. We’ll share more information as we approach the conclusion of our reorganization, but we are excited for the opportunities that this change will bring to our care ministry. If you have any questions in the meantime, please feel free to contact Steven Good in the church office.



JANUARY 2012 - A NEW YEAR

As we ring in the New Year we at Tuckahoe also prepare to say “hello and welcome” to our new officers. Our new elders and deacons have been elected, trained and examined; now they are ready and eager to serve God and the congregation. Please welcome our six new Elders: *Ray Hoge, Pat Macauley, Tom Coleman, Bob Glass, Shawna Shade, and Bill Vogel*. And welcome our eight new Deacons: *Anne Anderson, Kaye Keyes, Roxy Leiby, Jessica Lurey, Gail Miller, Sallie Rhett, Jackie Stallings and Ormond Wilkinson*. It is true that some of our deacons are serving a second consecutive term and that many of these folks have served before—so welcome again!

In order to welcome the “new” we bid goodbye and thanks to those officers completing their terms of service. Thank you to our retiring Elders: *Dee Daughtrey, Barbara Keatts, Jim McLeskey, Steve Kramer, Marty Turpin and Dixon Wallace*.

And thank you to our retiring Deacons: *Debbie Coffey, Kathy Lacy, Kathy Manzer, Janice Clark*. We begin 2012 with a Pastor Nominating Committee already up and running. They have completed the Church Information Form and now begin searching for our new pastor. We have staff changes as well. We said thank you and good bye to *Charlie Brown* in early December. And we welcomed *Mary McGee* as our new church administrator at the close of November.



New programs, new classes, new moderators of Session divisions, the beginning of a Stephen's Ministry program at Tuckahoe—these will be part of our new year together. We are fortunate to have a smoothly running system with servants responsibly serving. The “work of the church” supports our “worship and witness” as followers of Christ.

This work of parish ministries is conducted in support of a broader vision and kingdom priorities.

Tuckahoe's vision reflects the privilege and responsibility to be the Body of Christ: “called to be the heart, voice, hands and feet of Christ.” The *Westminster Catechism* reminds us that we seek “to glorify God and to enjoy Him forever.” The Scriptures charge us “to love God with our whole heart, mind, soul and strength. And to love our neighbors as ourselves.” And in the *Letter to the Hebrews* we are reassured that “Jesus is the same yesterday, today and tomorrow.”

So let us commit again to love God and follow the Christ and listen to the Spirit. And let us pray for one another as we enter the month of January, the season of winter and a New Year. It is not any old year or any new year. It is an anniversary year for Tuckahoe. We are 60 years old as a congregation in 2012. Thanks be to God for his faithfulness throughout three generations.

May He bless us and keep us and make his face to shine upon us—again and again.

Grace and Peace,
Richard

ABOUT OUR MEMBERS



Jackie Stallings writes, "I would like to express my most sincere appreciation for all the kindnesses extended to us since Brooke's and my recent traffic accident. Special thanks go to Sherry (my "hospital angel"), to Meg and Nancy for food, to Betti, Amy, and Meg for flowers, to Mary for the wheelchair, to Steven and Richard for visits and calls, and to the MANY others of you for the outpouring of cards, phone calls, other offers of meals, and the gentle hugs upon my return to TPC. I truly have been uplifted by your support!"

Raising the Curtain on our TPC Youth

by Rachel Burch



Meet our January youth of the month, **Claire Galvin!** Claire is a third generation member of Tuckahoe. Her grandparents, Dick and Mickey Mateer, and her mother, Susan Galvin, are all members of Tuckahoe.

Claire currently attends Moody Middle School as an eighth grader. Her favorite class is History because she loves learning about where she came from and about her ancestors. Her least favorite class is English because she doesn't enjoy writing. Outside of the classroom, Claire participates in drama, French club, and book club. Claire loves to read. When asked what her favorite book was, she says there were too many to name! She does say, however, that one of her most recent favorites is **The Help**.

Because Claire is an eighth grader, she has started to consider where she will apply for high school specialty centers. She is planning to apply to Glen Allen, Henrico, Freeman, and Maggie Walker Governor's school. She would love to attend the University of Richmond for college and wants to eventually become a Psychologist. When asked what she loves about Tuckahoe, Claire responded that she loves all the friends she has in youth group and the community service events that they do. Thanks, Claire, for being our youth of the month!

2012 Wednesday Night Supper

As we begin a new year of Wednesday night suppers, we invite everyone to join us for food, fellowship and the programs that are scheduled for 2012. We will have a variety of programs lead by individuals or organizations from outside the church, as well as, programs by Richard, Steven and Sarah. The Winter/Spring session will run from January through April. Dinner begins at 6:00 PM with program from 6:30 to 7:30. Music & Motion will continue in the new year for children age 2 and above, and will run concurrent with the adult programming following dinner.

January programs are as follows:

- January 4 While Elephant Gift Exchange-
please bring a wrapped "white elephant" gift of something used or purchased with a value between \$5 and \$10.
- January 11 Walter Griggs - Church hill Tunnel collapse
- January 18 Church Hill Activities and Tutoring (CHAT)
- January 25 Prayer Service - Steven Good

Church Hill Activities and Tutoring (CHAT) is a Christian community development organization that provides tutoring and life-skills training to our inner-city community. Their hope is that God will be able to "transform hearts" and in doing so change the harsh reality of the urban environment. This is an opportunity to get to know CHAT and hear about their call to do God's work in our inter-city community. Hope you will make plans to attend.

If you have any recommendations or ideas for future Wednesday Night Supper programming, please contact either Phil Calhoun or Matthew Mahoney. Guest Chef opportunities will again be available. Please contact Gail Miller or Ruth Ann Hoge if you are interested in sharing a favorite recipe for a Wednesday Night Supper. We look forward to a great year of Wednesday night suppers and hope that you will be a part of it.

WITHIN THE CHURCH

Presbyterian Women



"Thank you" to all who helped to make the December luncheon a success. We enjoyed a delightful program by a quartet from the Richmond Women's Chorus

Thanks also to those who contributed funds to purchase Christmas gifts for a needy family at Oak Grove-Bellemeade Elementary School. We were able to provide a nice collection of clothing, toys, and food for two children and their mother, with additional money left over to help others in need at this school. Your generosity is much appreciated!

Regular circle meetings will resume in January.

Becky Theuer
Secretary, Presbyterian Women

Youth Group Calendar

January

- 1: Winterfest
- 8: Youth Group*
- 15: Youth Group*
- 22: Youth Group*
- 27-28: HS 30 Hour Famine
- 29: MS Movie Night

February

- 4: POJ Rally to Serve
- 5: Souper Bowl and Knox Bowl Party
- 12: Youth Group*
- 17-20: HS Winter Retreat @ Sandbridge
- 19: MS Event
- 26: Youth Group*

*New Schedule MS: 5:30-7:00 || HS 6:30-8:00

PLEASE NOTE:

There will be no LUNCH BUNCH in January 2012.

We would like to let you know that the 1st Sunday Lamb's Basket collection was 29 lbs, and the Lunch Bunch donated 49 lbs, for a total of 78 lbs.



PROJECT UPDATE

Thanks to all of you for making the **Ministry of Prison Fellowship "Angel Tree" project** a huge success again this year. Over the years we have increased the number of families and children we have served. This year we sponsored 12 families and 23 children. Each child received at least two gifts, including toys and clothing. This project helps incarcerated men and women provide Christmas presents to their children who live in metropolitan Richmond. These presents provide a tangible reminder to these children that their parent loves them even though they cannot be with them at Christmas.

We had so many people volunteer to buy gifts and/or deliver them to the families. Thanks to all of you for donating your time and money to make this a success. It is such a heartwarming reminder of how our congregation reaches out to the community with such a generous spirit.

Martha Campbell

MEET THE NEIGHBORS

Interview by Pam Burch



Our first neighbor of 2012 is Ellen Hardy. Let me tell you about her:

Ellen and her husband, Ed, have been neighbors of Tuckahoe for the past 31 years. Ellen is a Richmond native has deep roots in the area - she grew up less than a mile from Tuckahoe and attended Freeman High School.

Ellen has had her own small business for 20 years as a care manager for older adults. Her clients range in age from 80 to 106. Ellen takes care of their personal finances and social services. She takes on the duties a daughter would have when her client does not have a family member who lives nearby. Ed is a CPA and will be retiring this September. Ed and Ellen have three successful grown children: one is a nurse living in Charlottesville, another is a chef in New York City and a third works for the State Department in D.C.

Ellen's hobbies include cooking and needlework. She and Ed both love to garden. Ten or more weekends a year they take care of the gardens in the Episcopal Retreat Center in Orkney Springs which they developed themselves.

Ellen tells me that the neighborhood has not changed much in 31 years. When they first moved in she and Ed were amongst the youngest families and now they are the older generation. Ellen likes the variety of the neighbors and remarks how you don't have to fit into a mold to be a part of the neighborhood – you can be just who you are. Ellen also likes the variety of generations in the neighborhood and how the older generations interact with the children of the younger families. She also appreciates how the church has always reached out to the neighborhood and shared their facilities.

Thank you to Ellen Hardy for being our January neighbor of the month!

Helping Your Doctor to Help You Best

Submitted by Bill Vogel

Practicing medicine was simpler decades ago. Many “family doctors” had offices in their home. Sometimes a spouse was the nurse or receptionist. The office was a short walk or drive and the doctor made “house calls.”

Since those days, medical procedures have become more complex, effective, and expensive. Physicians join medical groups that often are like “mini-hospitals.” Your simple, common sense “partnering” with your doctor(s) can help keep their, and your, costs lower, your treatments more effective, and your body stronger by following some easy practices. (Thanks to many ideas from a recent *Changing Times* article on the same):

1. Keep a current list of ALL medications that you take, even “over-the-counter,” including their strength and frequency. As soon as one is added or stopped, change your list so that it’s accurate.
2. If you can, keep an extra copy of your medications and take it with you if you have to dash to a hospital for emergency treatment.
3. Share your full medication list with any doctor who wants to prescribe a new prescription, and ask him/her to date and photocopy that list for the medical files they have on you.
4. Shop at one pharmacy where they can alert you that a new prescription may be contraindicated when it mixes with existing prescriptions (from another physician).
5. When you schedule an appointment be very clear about your symptoms. (Don’t diagnose yourself, but give only symptoms.) Some physicians schedule the length of your appointment based upon the complexity of your symptoms. Your bill will reflect that length of time. It’s a good idea to

clearly write down all of your symptoms, how you feel, when you have physical complaints, how often, and so on so that you can economize time for your office visit.

6. When you are at your appointment and you have additional symptoms for something unrelated, tell your doctor but ask him/her whether this can be addressed now or whether you should make another appointment. Don’t be surprised if your physician tells you to schedule a subsequent visit.

7. Strongly consider taking someone with you. You may be on a new medicine and you may not think clearly. YOU’RE the patient, so in your anxiety (which is understandable) you may not fully understand about new regimens – new prescriptions or what you’re supposed to do, etc.

8. If you have to postpone your visit, do so as soon as you know. Your physician will appreciate your “heads up” notification. As a “thank you,” the scheduler may fit you in again as soon as possible. You do not want a reputation as a last-minute person who cancels. Enough said?

9. When a major holiday time is coming, consider adding your doctor’s name (and nurse’s) to your card mailing list. They enjoy being appreciated (we all do) and won’t forget your kindness. Your “thank you” note following a complicated visit or procedure will not go unnoticed, either.

A strong, healthy body can glorify God best. I Corinthians 6:19-20 (NKJV) “... do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, (both of) which are God’s.”

CHILDREN'S MINISTRIES AND EDUCATION



What's Going on with Children's Ministries

= In the Narthex -

Available every week: a leaflet entitled *Making Room for Children in Worship*, copies of the current *Sunday School Notes*, Sunday School registration forms, and *Children's Worship Bulletins* on clipboards with crayons. Make sure your child also receives a regular bulletin and help him or her to follow along in the bulletin, the hymnal, and the Bible.

- = **Every Wednesday** - Music & Motion Kids following 6:00 dinner.
- = **Sunday, Jan. 1** - **First Sunday Children's Church** for age 3 through 1st grade. Following "Moments with the Children" during the service, the children walk with Ms. Loggins to room 201 for the *Godly Play* story, work response, scripture reading, and prayer of *Epiphany*.
- = **Sunday, Jan. 8** - *Godly Play* in the 4 yr-kindergarten class, Library Time for the 1st-3rd grades class, Freedom House lunch preparation in the 4th-5th grades class.
- = **Sunday, Jan. 15** - Library Time for the 4 yr old - kindergarten class.
- = **Sunday, Jan. 22** - *Godly Play* in the 1st-3rd grades class and 4th-5th grades class (combined).
- = **Sunday, Jan 29** - Regular lessons in all classes.
- =

Reminders:

= **Remember to read Sunday School Notes every week and check the Education Bulletin Board for information.** *Sunday School Notes* is the weekly newsletter for the children's Sunday School. It is distributed to all children attending Sunday School. Copies are also available on the table in the narthex and posted on the education bulletin board.

= **Use the library this year and remember to return your books!** Thank you to our librarian, Ms. Kaye Keyes who also leads Library Time once per term with each children's Sunday School class!

Questions? Contact Becky Loggins, Director of Children's Ministries: phone 201-0571 and email bg18@comcast.net

Through the Eyes of a Child in Ordinary Time from Epiphany until Lent

What Jesus did and said helps us to know who God is and what God is doing for us:

- ★ Jesus called his friends to be with him and to help him in his work.
- ★ Jesus came for all the people of the world.
- ★ Jesus is like a light, helping us to see better.
- ★ We are baptized into God's family, the church.

-Becky Loggins,
Director of Children's Ministries



WISH LIST for Children's Sunday School

- 6-pack boxes of Model Magic, "Natural Colors" (found at Michael's or Ben Franklin) - 6 individual packs in a box
- Elmer's brand White Glue
- Glue sticks
- Crayola brand LARGE or "So Big" crayons (the "fat", toddler/preschool crayons)

Items can be placed in Becky Loggins' mailbox or the church office and should be labeled "For Children's Sunday School".

Some Thoughts about Hunger

Submitted by Steven Good

In January and February the TPC youth group will be involved with three hunger-related ministries. I thought I'd take a moment to reflect on hunger and offer some ways that the congregation at large can be involved.

According to the United States Department of Agriculture, 48.8 million Americans lived in food insecure households last year.¹ This includes 32.6 million adults and 16.2 million children. Most of us cannot imagine what it would be like to be uncertain of when we will eat our next meal or where it will come from, but for an

alarming number of people in the world, hunger is a pressing reality. The global picture is much more bleak. According to the relief agency, World Vision, 925 million people (or three times the population of the United States) suffer from chronic hunger and malnutrition.

Child Hunger: Quick Facts

- Worldwide, 1 in 4 children don't get the nutrition they need. For us, rising food prices are a source of frustration. They may force us to eat out less often or rearrange other spending priorities. For children living in poverty, however, even a modest increase in food prices can have devastating consequences.
- Faced with higher food prices, many children have been forced to eat cheaper and less nutritious food. Others may have to cut back on meals, or go days without food altogether.
- Worldwide, approximately 145 million children are underweight and at risk of dying — simply because they don't get enough nutritious food.
- A child dies from hunger-related causes every 15 seconds.
- More than one-third of all child deaths are caused by hunger — one of the leading child killers in the world.
- Every year, nearly 5 million hungry children die.

Sources: World Health Organization; UNICEF; World Food Program; Food and Agriculture Organization

In a world that has seen so much progress, why is there so much hunger? Scripture repeatedly bears witness to God's concern for the poor and hungry. In repudiation of worship that rings hollow and spiritual practices that fail to transform the heart, God says to his people, "Is not this the fast that I choose... to share your bread with the hungry" (Isaiah 58:6-7). One way for us to be the heart of God is to have our hearts break at the things that break God's.

This January and February TPC's youth will be participating in the ministry of three organizations to help combat hunger. The first is World Vision's "30-Hour Famine." During this event our students will fast from Thursday evening to Saturday morning and raise funds to help alleviate world poverty. *The youth will host a moment for mission on January 8th with ideas for how you can contribute.*

The second project will take place on February 4th at the Presbytery of the James "Rally to Serve" at Swift Creek Presbyterian Church. We'll be packing foods with Stop Hunger Now. The

assembly process combines rice, soy, dehydrated vegetables and a flavoring mix including 21 essential vitamins and minerals into small meal packages. These meal packages are shipped around the world to support school feeding programs and crisis relief. The food stores easily, transports quickly and has a shelf-life of five years. *Consider being involved by coming along as an adult sponsor.*

The last event, our annual "Souper Bowl of Caring" will take place on February 5th here at TPC. *You can help by bringing a cash donation or non-perishable food item.* All proceeds will go directly to one of our ministry partners, LAMB's Basket.

Let us together make a difference in at least one life affected by hunger.

¹ USDA. Coleman-Jensen, A., Nord, M., Andrews, M., & Carlson, S. *Household Food Security in the United States in 2010.*

Summary of November Session Meeting

The November Session meeting was held on the 16th and was moderated by Pastor Richard Haney. Session received a "new" returning member, Angie Meadows, who reaffirmed her faith and was enthusiastically welcomed back. Pastor Haney thanked Session and the Congregation for his time spent on study leave in England and discussed with Session the following items: officer training; a refocus on TPC's new vision statement, including the need for collection and review of demographics data and actionable goals from the Divisions; pastoral care and programming at several of the continuing care facilities in Richmond; and the Sunday morning prayer sessions occurring before the Sunday School hour in the TPC parlor.

Pastor Steven Good provided an update on his ministry, including the Presbytery retreat for youth, the middle school lock-in, and various pastoral care undertakings. Treasurer Dick Mateer gave a report on the finances of the Church, including suggestions on what to do with any surplus left at the end of the year, and information regarding the new ways in which the Presbytery can be funded (a reorganization of the Presbytery resulted in the formation of numerous "purpose groups", and these groups can be funded directly). Jane Werner attended on behalf of the Diaconate and provided Session with an update on that group's activities.

Jim McLeskey, chair of the Pastor Nominating Committee ("PNC"), updated Session on that committee's progress, including meetings with youth, members, and staff, as well as a discussion of current theological issues facing our denomination, lead by Pastor Good. Jim reported that the Church Information Form was nearing completion and that a blog would be established on the TPC website to provide PNC updates.

Stewardship & Finance provided an update on the stewardship campaign. Steve Kramer presented a potential outreach opportunity involving a missionary working in Myanmar. Pam Dickerson, Chairperson of Administration and Personnel, reported on a successful 2010 financial review, undertaken by Rosen & Underhill. Pam also provided an update on staffing issues. Of import to the TPC community, Pam reported that Charlie Brown finalized his separation with TPC as of October 31, and that the Deacons would host a farewell event on December 11 (the event was well attended). Session unanimously approved a two month salary gift, to be presented to Charlie on December 11.

As Session moves forward into the new year we continue to ask for your thoughts and prayers as Tuckahoe Presbyterian Church is guided along God's path. Please contact an Elder if you have any questions or concerns about Church life and governance.

TPC



2012 Schedule - thru May

<u>Date</u>	<u>Book/Author</u>	<u>Reviewer</u>	<u>Hostess</u>
01/30	<u>The Immortal Life of Henrietta Lacks</u> by Rebecca Skloot	Ruth Anna Langdon	Becky Theuer
2/27	<u>Caleb's Crossing</u> by Geraldine Brooks	Barbie Keatts	Mickey Mateer
3/26	<u>The Elegance of the Hedgehog</u> by Muriel Barbery and Alison Andeson	Gail Miller	Ruth Anna Langdon
4/30	<u>Beneath the Marble Sky:A Love Story</u> By John Shors	Barbara Maiden	Gena Wallace
5/21*	<u>Cutting for Stone</u> by Abraham Verghese	Sherry Flournoy	Kaye keys

If you make a switch for "hostessing" or reviewing, let Terry know and the info will be sent out.

*Date changed because the last Monday is Memorial Day.

CHURCH CALENDAR



2012

SUN	MON	TUES	WED	THURS	FRI	SAT
1 WINTERFEST Centsability 11:00am Worship 12:00pm Fellowship	2 OFFICE CLOSED	3 10:15 AM Circles 3,4 1:30 pm Circle 5 8 pm - Pops Band	4 12 N FELLOWSHIP COMMITTEE 5:30 PM Tuckadings 6:00 PM Dinner 6:30 PM Music & Motion 7:30 PM Handbells 7 PM Endowment	5 7 AM Men's Bible Class 7:30 Choir 8 PM AA Meeting	6	7
8 9:30am Sunday School 11:00am Worship FREEDOM HOUSE 12:00pm Fellowship 5:30 PM MS Youth 7:00 PM HS Youth	9 3:30pm Tuckahoe Artists 4:00pm Swing Band 7:00pm Outreach Div 7:30pm Christian Formation	10 5:30 pm Emergency Shelter Meal 7 pm Stewardshop 8 PM POPS BAND	11 6:30 AM Mid-Week Oasis 12 N BULLETIN 5:30 PM Tuckadings 6:00 PM Dinner 6:30 PM Music & Motion 7:30 PM Handbells 7:30 PM Property 7:30 PM Worship/ Membership Div	12 7 AM Men's Bible Class 7:00pm S&F Budget Meeting 7:30 Choir 8 PM AA Meeting	13 10:30 AM - MEALS ON WHEELS 	14
15 9:30am Sunday School 11:00am Worship 12:00pm Fellowship 5:30 PM MS Youth 7:00 PM HS Youth	16 4 PM Swing Band 7 PM Adm. Div.	17 9:30 Tuckahoe Artists 8 PM POPS BAND	18 10:30 AM MEALS ON WHEELS 6:30 AM Mid-Week Oasis 12 N BULLETIN 5:30 PM Tuckadings 6:00 PM Dinner 6:30 PM Music & Motion 7:30 PM Handbells 7:30 PM Diaconate TORCH DEADLINE	19 7 AM Men's Bible Class 7:30 Choir 8 PM AA Meeting	20 10:30 AM - MEALS ON WHEELS	21
22 9:30am Sunday School 11:00am Worship 12:00pm Fellowship 5:30 MS YOUTH 7 PM HS YOUTH	23 10:30 AM MEALS ON WHEELS 4 PM Swing Band 8 PM VA Kennel	24 3:30 PM Hilliard House 8 pm POPS BAND	25 5:30 PM Tuckadings 6:00 PM Dinner 6:30 PM Music & Motion 7:30 PM Handbells 7:30 PM Session	26 7 AM Men's Bible Class 7:30 Choir 8 PM AA Meeting	27 30 HOUR FAMINE	28 30 HOUR FAMINE
29 9:30am Sunday School 11:00am Worship 12:00pm Fellowship 5:30 pm MS Movie Night	30 4 PM Swing Band	31 10 AM PW Coord. Team 8 PM POPS BAND	<p>Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home.</p> <p style="text-align: right;">- Edith Sitwell</p>			